



**TREAT  
OTHERS**  
the way  
*you*  
want to be  
**TREATED.**

### Principal Report

Dear parents/caregivers,

I am super excited to finally see our new nature play go into its first stage of development. This week we saw the removal of the old perimeter fencing and the new posts start to go in. Keep watching this space!

A letter has gone home regarding the renaming of our Sports Day teams. Please get the forms back to us, have your say! The more suggestions that come our way the more options you will have when it goes out to community vote. There is also a tick box on the letter saying whether you would like your children to stay in their team for the entirety of their primary schooling. Please let us know what you would like.

Next week your child will bring home their first semester report indicating their progress so far in regards to academic achievement and social and emotional development. Please take the time to sit down and go through the report highlighting their achievements and areas that they can improve on. Above all I would encourage you to praise their effort and their ability to support and uphold the school values. If your child is on a One Plan you will notice that their grade is for effort only. This is due to them working at a different year level curriculum.

Just a safety reminder: please use the crossings provided on Goddard and Wildwood to cross the road safely. It may add a minute or two to your crossing but it is much safer than crossing between the cars.

In follow up to the community feedback raised to Governing Council, I hope that families are starting to see more communication and work highlights coming through on SeeSaw. The change in weather has helped us hugely with the bee and bull ant issue that we faced for a while. After consultation with pest control, due to the widespread network of tunnels that the ants create and the apprehension to use heavy chemicals in a school it was too difficult to get to the nests. As for the bees, they were drawn to the flowers that our local corellas had so kindly shredded from the trees. As there was no hive in our trees it would be very difficult to relocate them. As a threatened species we didn't want to poison them. If and when we face this issue again, we will by then have the nature play up and running as a play area alternative!

Have a great holiday break,

Shane

### Important Dates

Thursday 1<sup>st</sup> July  
Semester 1  
Reports sent home

Friday 2<sup>nd</sup> July  
Assembly 8.45am – B02  
End of Term 2  
Early dismissal 1.55pm

Monday 19<sup>th</sup> July  
Term 3 begins

Monday 26<sup>th</sup> July  
School Photos

Friday 30<sup>th</sup> July  
Assembly 8.45am – R02  
SAPSASA Athletics

Friday 13<sup>th</sup> August  
Assembly 8.45am  
PE/Health

Monday 16<sup>th</sup> August  
Pupil Free Day

## Building resilience in kids – practical tips for parents

Some kids are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know those kids. They get straight back up after a setback or disappointment. Rejection in the playground doesn't faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets: independence, problem-solving, optimism and social connection.

### Building resilience – tips for parents

From a resilience perspective parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.



You can promote a lasting sense of resilience in your kids by:

- **Having a positive attitude yourself.** Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a 'you can do it' attitude for your child when he meets some of life's curve balls.
- **Look for teachable moments.** Many kids' learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.
- **Make kids active participants in the family.** Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.
- **Build kids coping skills.** There are plenty of strategies you can pass on to kids to help them cope when life doesn't go their way, including acceptance, getting away for awhile, and normalisation.

Promoting resilience in kids is a not a single event but a continuous process that requires adults to be supportive and empathetic when things don't go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child's ability to cope.

# Head for the Hills Off Road Cycling

## Mountain Biking Skills & Activities

- Holiday Geocache Adventure
- Holiday Skills Clinics
- After School Skills
- Bike & Helmet Hire Available

headforthehills.net.au

# ENROL NOW IN PRESCHOOL

Children who turn 4 before 1 May can start preschool at the beginning of that year.

Government of South Australia  
Department for Education

## Register your interest in enrolling your child by contacting your local preschool.

Register your interest by 30 June in the year before your child is due to start preschool.

Scan the QR code to download the registration of interest form.

For more information visit: [education.sa.gov.au](http://education.sa.gov.au)

**LIMITED SPACES BOOK EARLY** **FOR A TRIAL SESSION\***  
CALL NOW - 0422 075 500 or SCAN QR CODE

**Grasshopper SOCCER**

Grasshopper Soccer is a fun, non-competitive way for your child to make a start or continue to develop skills in soccer. A fun opportunity for 8-weeks to have fun, learn new skills and enjoy lots of fun-based games with our weekend program.

**TERM 3 KICK-OFF**  
SALISBURY 24<sup>th</sup> JULY  
GAWLER 25<sup>th</sup> JULY

**SOCCER FUN FOR BOYS & GIRLS AGED 2 - 12**

**OUR MIGHTY PINT PROGRAM**  
SALISBURY & GAWLER  
9 am KICK-OFF  
MITE E Age 2-3 | PINT SIZE Age 4-5

- A fun way to introduce your child to the benefits of Soccer.
- The basics of Soccer to help develop general motor skills.
- Lots of fun skill-based games in a non-competitive environment!
- Improve co-ordination while building confidence.
- A great way for you to strengthen the bond with your child.

8 WEEKS - 40 MINUTES PER CLASS - \$125

**OUR MICRO SESSIONS**  
SALISBURY & GAWLER  
10 am KICK-OFF  
INTRO to MICRO Age 5-6 | MICRO Age 7-8  
MICRO PLUS Age 9-12

- The ultimate challenge for young soccer players!
- Skill development in passing, dribbling, shooting and more.
- Make new friends and grow in confidence.
- A strong focus on team work in preparation for club soccer.
- All put into practice with a weekly game of 'Grasshopper' Soccer!

8 WEEKS - 65 MINUTES PER CLASS - \$145

**OUR 'GAWLER' LOCATION RETURNS TO THE GAWLER SPORTS & COMMUNITY CENTRE, NIXON TERRACE, GAWLER**

**LEARN NEW SKILLS  
MAKE NEW FRIENDS  
HAVE LOTS OF FUN!**

**COVIDSAFE**

Follow us for up-to-date weather conditions, program times, location details and weekly action photos @GHSAdelaideNorthWestMetro

**TO SECURE YOUR SPOT 📞 LUKE 0422 075 500**

## TERM 3, 2021 ENROLMENT FORM

**SALISBURY - Saturday 24<sup>th</sup> July BETHANY CHRISTIAN SCHOOL**  
**GAWLER - Sunday 25<sup>th</sup> July GAWLER SPORTS & COMMUNITY CENTRE**

Book early to secure your place! Please complete and return by email, SMS, or phone.  
[luke@grasshoppersoccer.com.au](mailto:luke@grasshoppersoccer.com.au) | **0422 075 500**

**TRIAL SESSION**

CHILD'S NAME:	CHILD'S D.O.B.:	CHILD'S SCHOOL:
PARENTS/GUARDIANS NAMES:	CONTACT NUMBER:	
EMAIL:	SUBURB:	POSTCODE:
HOW DID YOU HEAR ABOUT GRASSHOPPER SOCCER? <input checked="" type="checkbox"/> TRIAL SESSION		
<input type="checkbox"/> YOUR CHILD'S SCHOOL (OR PRE-SCHOOL) <input type="checkbox"/> FACEBOOK <input type="checkbox"/> MAGAZINE OR PUBLICATION <input type="checkbox"/> <input type="checkbox"/> GOOGLE SEARCH (OR OUR WEBSITE) OR LOCAL DIRECTORY <input type="checkbox"/> WORD OF MOUTH <input type="checkbox"/> OTHER <input type="checkbox"/>		
<b>CENTRE LOCATIONS (PLEASE TICK ONE)</b>		
SALISBURY AREA	BETHANY CHRISTIAN SCHOOL, Off Byron Bay Drive, PARALOWIE	SATURDAY 24 <sup>th</sup> JULY <input type="checkbox"/>
GAWLER REGION	GAWLER SPORTS & COMMUNITY CENTRE, Nixon Tce, GAWLER	SUNDAY 25 <sup>th</sup> JULY <input type="checkbox"/>
<b>PROGRAM TYPE AND AGE GROUP</b>		
	<b>OUR MIGHTY PINT PROGRAM</b>	<b>OUR MICRO SESSIONS</b>
	MITE - E AGE 2 - 3	INTRO to MICRO AGE 5 - 6
	PINT SIZE AGE 4 - 5	MICRO AGE 7 - 8
		MICRO+ AGE 9 - 12
Please tick	<input type="checkbox"/>	<input type="checkbox"/>
SALISBURY AREA	9 am - 9:40 am	10 am - 11:05 am
GAWLER REGION	9 am - 9:40 am	10 am - 11:05 am
TERM FEE	\$125	\$145
<b>PAYMENT OPTIONS</b>		
PARENTS/GUARDIANS MUST PAY BY CREDIT CARD OR DIRECT DEPOSIT. CASH PAYMENTS ACCEPTED AT ALL LOCATIONS. ALL ASSOCIATED TERMS AND CONDITIONS HAVE BEEN INCORPORATED INTO OUR PROGRAMS/FEES.		
CREDIT CARD No:	EXPIRY DATE:	CCV:
<b>GRASSHOPPER UNIFORM ENROLMENT SPECIAL \$66</b>		
*Includes all Grasshopper Staff Short and Hat - usually \$77 paid individually. Special price only available when enrolling full commitment - but only required for one location, not two (children of your GRASSHOPPER FOOTBALL).		
XXXS (2-3) <input type="checkbox"/>	XXS (3-4) <input type="checkbox"/>	XS (4-5) <input type="checkbox"/>
S (5-6) <input type="checkbox"/>	M (6-10) <input type="checkbox"/>	L (11-12) <input type="checkbox"/>
<b>PARENT/GUARDIAN CONSENT</b>		
I hereby authorize Grasshopper Soccer to act on my behalf should my child require medical attention and release Grasshopper Soccer from any liability for injury incurred by my child at Grasshopper Soccer programs.		
Photos/videos of children attending these programs may be used for promotional purposes by Grasshopper Soccer.		
Tick the box if you do not consent to the use of your photo: <input type="checkbox"/>		
PARENT/GUARDIANS' SIGNATURE: _____		
ADMIN USE:	STAFF SIGNATURE:	DATE RECEIVED: