



STUDENT MENU

SCHOOL FOOD SERVICE

SIMON'S 7 DAY SUPERMARKET

22 AMANDA STREET, SALISBURY
82586391

Prices effective Term 2 2017



ONE ITEM PER BAG

Students need to have their name and class on all order bags

Bags available from the Front Office

Food orders are collected in each classroom every morning

OR

Parents can drop lunch orders off directly prior to 11.30am at Simon's Deli

SNACKS

Fresh Fruit – apple, orange, banana	1.50
Goulburn Valley Fruit 140g - Peaches, Apricots or Fruit Salad	2.50
Muffins – Blueberry or Chocolate	2.00

DRINKS

Water 600ml	2.30
Nippy's Small Juice Apple & Blackcurrent	
Or Apple & Orange 300ml	2.50
Nippy's Milk 250ml – Chocolate or Strawberry	2.20
Plain Milk 600ml	2.00

COMBO MEAL DEAL

Hot Dog, plain or with sauce	6.00
Nippys Strawberry or Chocolate Milk	
Packet of Cookies	

SALAD PLATES

Salad Plate – Roast chicken, beef, ham with tomato, carrot, cucumber, cheese, egg, bread and butter	6.80
Salad Plate – no meat – salad as above	4.80

WRAPS	HALF	FULL
Roast Chicken and Lettuce	2.20	3.80
Ham & grated cheese	2.20	3.80
Tuna, lettuce, tomato & mayo	2.50	4.10

Sandwiches – Wholemeal Bread

Tuna	3.20
Pressed Chicken	3.20
Fresh Roast Chicken	4.20
Cheese Reduced Fat	2.20
Ham (lite)	3.80
Vegemite	1.80
Tomato	2.80
Egg plain or curried	3.30
** each extra salad item – cucumber, carrot, lettuce, gherkin, p/onion, cheese, beetroot **	0.50
** mustard, mayo, sauce or bbq sauce	0.20
Single cut rolls add	0.50

IRRESISTIBLE WRAPS	HALF	FULL
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Salad delight – cheese, tomato, lettuce and carrot	2.50	4.50
Hawaiian Dazzle – Roast chicken, lettuce and pineapple	2.50	4.50
Mexican Treat – Roast chicken, tomato, lettuce, corn and salsa	2.80	4.80
BBQ Sensations – Roast chicken, cheese and bbq sauce	2.30	3.80

HOT FOOD

Lasagne (97% fat free)	4.30	
Spagetti Bolognaise (97% fat free)	4.30	
Fried Rice	4.30	
Hamburger (low fat) cheese and tomato sauce	3.80	
Chicken Burger with cheese and mayo	4.50	
Hot Ham and Cheese Roll	4.30	
Hot Chicken Roll (roast chicken & mayo)	4.50	
Mini Pizza – Ham & Pineapple	2.50	
Nuggets (chicken breast oven baked)	0.80 each	
Corn on Cob (oven baked)	1.00	
Pizza Pocket	3.30	
Balfours Better Bite Pie	3.50	
Balfours Better Bite Pasty	3.50	
Balfours Better Bite Sausage Roll	2.50	
	HALF	FULL
Hot Dog – plain	2.00	3.20
Hot Dog with sauce	2.10	3.40
Hot Dog with cheese and sauce	2.60	3.80